SimiTree

CLAIMS INSIGHT

Where Medicare Home Health Is Shrinking Fastest

Q1 2026 vs. Q1 2025 | Medicare FFS 30-day care periods | Minimum Q1 2025 baseline: 250 periods

SimiTree analyzed Medicare fee-for-service Home Health claims to identify county-level markets with the steepest year-over-year contraction in 30-day care periods. Percentage decline highlights rate of change, while absolute volume helps distinguish smaller shifts from material market movement.

#	County	Q1 2025	Q1 2026	YoY
1	**Hughes, OK**	271	150	**-44.6%**
2	**Sumter, SC**	890	541	**-39.2%**
3	**Brown, OH**	269	167	**-37.9%**
4	**West Carroll, LA**	252	161	**-36.1%**
5	**Lauderdale, TN**	328	211	**-35.7%**
6	**Holmes, MS**	324	212	**-34.6%**
7	**Houston, TX**	253	166	**-34.4%**
8	**Monroe, TN**	272	180	**-33.8%**
9	**Greene, TN**	549	368	**-33.0%**
10	**Blair, PA**	650	436	**-32.9%**

WHAT STANDS OUT

- Tennessee appears three times in the Top 10: Lauderdale, Monroe and Greene counties.
- Sumter County, SC fell by 349 care periods (-39.2%), the largest absolute decline among the Top 20.
- Starr County, TX (-254) and Blair County, PA (-214) also show material absolute contraction beyond the percentage ranking.

WHY IT MATTERS

A shrinking claims footprint can reflect changing utilization, referral patterns, provider mix or broader market dynamics. The next step is market-level diagnosis – not assuming every decline has the same cause. SimiTree MAP provides that context.

Source: SimiTree analysis of Centers for Medicare & Medicaid Services (CMS) Medicare fee-for-service Home Health claims data, Q1 2025-Q1 2026. Analysis conducted using SimiTree proprietary methodologies. Rankings include counties with at least 250 Q1 2025 care periods. Medicare FFS claims do not represent total market volume.